

# QUESTION BANK GRADE 4 –EVS CHAPTER 5

### WHERE DOES MY CHAPATI COME FROM

### Fill in the blanks.

1.The main food crops grown in India are and
2.The people of Rajasthan eat rotis made out of
3 and are an essential part of our diet.
4.We should see the before buying packaged food items.
5.It is important not to orwhile eating.

# Name the following

6.A machine used at homes to store food items at a lower temperature.

- 7. The liquid that is poured in to the mouth while chewing food which helps to diget food.
- 8. The food that is wrapped in plastic and sealed which can be eaten only for a certain period of time.
- 9.To buy or bring in products in to our country from another country.
- 10. Materials that add a pleasant smell or taste to cooked dishes.

## Answer the following questions

- 11.List the four important things needed for healthy growth of food crops.
- 12. What type climate does rice need to grow?
- 13. Name two kinds of millets grown in India?
- 14. What are seasonal fruits? Write examples.
- 15. What are dairy products? Write examples.
- 16. Why should we chew our food well?
- 17. What is the function of saliva?
- 18. What is green revolution?
- 19. How is meat cooked in India?
- 20. What do you mean by millets? Write examples.

## Answer key.

- 1. Wheat and Rice
- 2.Millets
- 3. Fruits and Vegetables
- 4.Expiry date
- 5. Talk or Laugh
- 6.Refrigerator
- 7.Saliva
- 8. Packaged food
- 9.Import
- 10.Spices
- 11. Fertile soil

Healthy seeds

The correct amount of water

Protection from pest

- 12. Rice requires a hot and wet climate.
- 13. Finger millets and Pearl millets.

- 14. Some fruits are available for only some months, they are called seasonal fruits. Eg: Mango, Jackfruit.
- 15.Foods that are made from milk are called dairy products.eg:curd,butter.
- 16.We should chew our food well because it will get digested easily if it is in smaller pieces.
- 17. While chewing, saliva wets the foods so that it becomes easy to swallow and it helps in digestion process.
- 18.Green revolution was an effort to increase agricultural production in India with the use of modern methods and technologies.
- 19. The meat is boiled, fried or roasted and cooked with spices.
- 20.Besides wheat and rice the Indian farmers grow some other kinds food grains they are called millets.eg:Jowar,Bajra.